

# Avoiding Temptation

## Session Thoughts:

- Write down anything that was new, interesting or helpful to you.
- Write down anything that you want to think or talk about further.

## Read Ephesians 6:10-18

**What does Paul say that the human struggle primarily is?**

**What are rulers, authorities, principalities?**

**In light of Paul's explanation of the armor of God what does it look like to stand firm?**

## Discussion Questions:

1. Our culture has an aversion toward the idea of spiritual forces. Do you feel like you have difficulty believing or operating as if there are real persons and forces of evil that are trying to tempt you away from God's will in your daily life?
2. What are the greatest areas of vulnerability in your life and how consistently are you standing against temptation in those areas?

*If you need to talk further about anything discussed tonight your leaders have other resources and are eager to discuss these things with you.*